



APPLICATION TO BECOME A TRiM 4 VETERANS PRACTITIONER

I wish to be considered for training as a TRiM for Veterans Practitioner. I understand the T4V Practitioners Course consists of 2 separate modules each of which takes place over a weekend.

I have read the T4V Code of Conduct overleaf

I enjoy reasonable good health and I have no medical complaints that would preclude me from carrying out my role as a T4V Practitioner

Signed.....Date.....

Surname..... Forename.....

Address.....

Post Code.....

Tel: Home.....

Tel: Mobile.....

Email Address.....

RMA Branch.....

Have you attended a TRiM Course whilst serving in the Royal Marines? **YES/NO**

Have you any counselling, mental health qualification or other relevant qualification? **YES/NO**

Have you been employed or acted as a volunteer for any other Service Charity? **YES/NO**

If the answer is **YES** to any question, tick the appropriate box and give details of the work undertaken

- **Combat Stress**
- **SAAFFA**
- **RBL**
- **Remploy**
- **Veterans Outreach**
- **Other**

Why do you wish to become a practitioner? _____

(Use other side of page if more space is required)

CODE OF PRACTICE RELATING TO TRiM FOR VETERANS PRACTITIONERS

1. Introduction

The TRiM for Veterans (T4V) Project is a human resource initiative aimed at supporting Royal Marines Veterans. To achieve its aim, it is partnered with the Naval Service, the Royal Marines Association and a wide number of civilian veteran support agencies. The Project also maintains close links with the NHS & other medical services.

2. Code of Practice

- a. T4V Practitioners who have undertaken the Naval Command Headquarters (NCHQ) officially sponsored T4V Practitioners Course should only undertake T4V interventions and interviews.
- b. All T4V interventions should be conducted strictly in accordance with the protocols taught on the T4V Practitioners Course.
- c. All T4V Practitioners are to observe the following ethical statements:
 - Maintain confidentiality unless indicated by law not to do so.
 - When assisting a Veteran, obtain their informed consent prior to dealing with a third party.
 - Avoid any re-traumatising actions to the greatest extent possible.
 - Operate within your personal levels of training, expertise, education and experience.
 - Use the TRiM protocol in an empathetic, sensitive and respectful manner.
 - Observe ethical boundaries when carrying out T4V interventions.
 - Take no actions that may impair or harm the veteran you are dealing with.
 - If faced with a difficult or challenging situation, promptly discuss the issues with your T4V Mentor.
 - Finally, engage with your T4V Mentor on a regular basis to insure your personal self-care and enhance your ability to deliver quality and professional services to other veterans.